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Distance Learning Parent Newsletter, Issue 14

English Learner Support Division
California Department of Education (CDE)

Opening Letter

DEAR PARENTS,

Parents and guardians play an important role in developing children's self-confidence and in helping them be successful at home and at school. For this reason, the CDE Migrant Education Office (MEO), in collaboration with WestEd, created a Parent Engagement Module Series for migratory parents to develop their capacity to support their children at school and at home. These seven parent modules were developed to provide parents and family with information and strategies to address important topics such as the use of positive discipline to support child development, ways to raise self-confident children, bullying at school, and more.

All of the modules are intended to be presented by a facilitator but can also be viewed independently by parents.

This issue of the Distance Learning Parent Newsletter focuses on these modules, which are free for parents and schools to use.

New Resources

Storytime with Early Edge California and Friends

Watch Early Edge California's latest video series, *Storytime with Early Edge California and Friends*, where members of California's Early Learning community read their favorite children's books in virtual story time for young children and their families who are at home during the health crisis. The series includes stories read in multiple languages.

Early Edge California New Video Series! Storytime with Early Edge California and Friends web page at <https://earlyedgecalifornia.org/storytime-with-early-edge-california-and-friends/>

Informational Resources Included Every Week

School Lunch Information: CA Meals for Kids

Parents can still pick up school lunches during COVID-19 related school closures. Use the "CA Meals for Kids" mobile app to find meals or you can contact your school district directly for more information. Some districts now offer home delivery for school lunches. Parents should contact their child's school to see if the school has opted into this optional program.

CDE News Release: CA Meals for Kids App Update at <https://www.cde.ca.gov/497627>

Getting Internet Access

If you do not have access to the internet at home, there are several companies offering service to families. Contact the companies listed on the CDE Getting Internet Access Available Plans web page to discuss available plans.

CDE Getting Internet Access: Available Plans at <https://www.cde.ca.gov/498321>

Home Learning Resources

Below are free recommended resources that you can use at home.

How to Use the Parent Engagement Modules

Module 1: Facilitator Overview of Migrant Modules and Handouts

Module 1 is a 15 to 20-minute introduction to the Parent Engagement Module Series and provides a short overview of all the modules and handouts. It details how to use the modules as a resource for parent trainings or as an informational tool for individual use.

CDE Parent Engagement Modules Series: Model 1 web page at <https://www.cde.ca.gov/sp/me/mt/pem-module1.asp> (English) and <https://www.cde.ca.gov/sp/me/mt/pem-module1-es.asp> (Spanish)

Parent Engagement Modules

Module 2: Using Positive Discipline to Be a More Effective Parent

Module 2 provides background information, implementation strategies, and practical examples of using positive discipline to be a more effective parent. Participants will reflect upon how this material applies to their daily lives, practice new strategies, and plan for applying new strategies.

CDE Parent Engagement Modules Series: Module 2 web page at <https://www.cde.ca.gov/sp/me/mt/pem-module2.asp> (English) and <https://www.cde.ca.gov/sp/me/mt/pem-module2-es.asp> (Spanish)

Module 3: Growing Self-Confident Children Through Goal Setting and Growth Mindset

Module 3 participants will receive background information, implementation strategies, and practical examples of growing self-confident children through goal setting and growth mindset; reflect upon how this material applies to their daily lives; practice new strategies; and plan for applying new strategies.

CDE Parent Engagement Modules Series: Module 3 web page at <https://www.cde.ca.gov/sp/me/mt/pem-module3.asp> (English) and <https://www.cde.ca.gov/sp/me/mt/pem-module3-es.asp> (Spanish)

Module 4: School Systems and Multiple Cultures

Module 4 participants will receive background information about the U.S. school systems and cultural differences with other systems; receive practical strategies for bridging the differences, with a focus on examples of Mexican and U.S. schools; reflect upon how this material applies to their daily lives; practice new strategies; and plan for applying new strategies.

CDE Parent Engagement Modules Series: Module 4 web page at <https://www.cde.ca.gov/sp/me/mt/pem-module4.asp> (English) and <https://www.cde.ca.gov/sp/me/mt/pem-module4-es.asp> (Spanish)

Module 5: Supporting Your Child to Be Successful in School

Module 5 participants will receive background information, implementation strategies, and practical examples of helping their children be successful in school; reflect upon how this material applies to their daily lives; practice new strategies; and plan for applying new strategies.

CDE Parent Engagement Modules Series: Module 5 web page at <https://www.cde.ca.gov/sp/me/mt/pem-module5.asp> (English) and <https://www.cde.ca.gov/sp/me/mt/pem-module5-es.asp> (Spanish)

Module 6: Understanding and Communicating with Your Teenager

Module 6 participants will receive background information, implementation strategies, and practical examples of effectively communicating with teenage children; reflect upon how this material applies to their daily lives; practice new strategies; and plan for applying new strategies.

CDE Parent Engagement Modules Series: Module 6 web page at <https://www.cde.ca.gov/sp/me/mt/pem-module6.asp> (English) and <https://www.cde.ca.gov/sp/me/mt/pem-module6-es.asp> (Spanish)

Module 7: Bullying—What It is and How to Help Your Child

Module 7 participants will receive will background information, implementation strategies, and practical examples of how to help prevent and support children with bullying.

CDE Parent Engagement Modules Series: Module 7 web page at <https://www.cde.ca.gov/sp/me/mt/pem-module7.asp> (English) and <https://www.cde.ca.gov/sp/me/mt/pem-module7-es.asp> (Spanish)

Social Media and Email

To stay up to date with new resources and information, follow the CDE English Learner Support Division on Twitter [@MultilingualCA](https://twitter.com/MultilingualCA).

To subscribe to the English Learner Updates Listserv, send a blank email to join-english-learner-updates@mlist.cde.ca.gov.